



Educational Tours

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eftours.com/

This is also your tour number

COSTA RICA AND NICARAGUA

9 or 12 days | Nicaragua | Costa Rica | Extension to Panama

Travel to Nicaragua for an in-depth look at Granada, one of the first European cities in the mainland Americas. Then, journey into the heart of Central America and experience Costa Rica. Here you'll experience the volcanic Arenal Region and the rich wildlife of the Rincón de la Vieja National Park in Guanacaste.

EVERYTHING YOU GET:

-  **Full-time Tour Director**
-  **Sightseeing:** Comprehensive sightseeing of natural attractions; 1 sightseeing tour led by an expert, licensed local guide; (2 with extension)
-  **Entrances:** Convento San Francisco; Las Isletas boat tour; Crater viewpoint and museum; Rincon de la Vieja National Park; Snorkeling; Hot springs; Kayaking; La Fortuna Waterfall; Poás Volcano; Coffee Tour. *With extension: Panama Viejo Ruins and Museum; Miraflores visitor center; Biomuseo; Emberá Village tour*
-  **weShare**, our online platform that taps into each student's interests for a more engaging learning experience
-   **All of the details are covered:** Round-trip flights on major carriers; Comfortable motorcoach; 8 overnight stays in hotels with private bathrooms (11 with extension); 3 meals daily (Days 2-8) (Days 9-11 with extension); Dinner on arrival day; Breakfast on departure day
-  



Arenal Volcano



Anyone can see the world.

YOU'RE GOING TO EXPERIENCE IT.

As you can see, your EF tour includes visits to the places you've learned about in school. That's a given. But it's so much more than that. Immersing yourself in new cultures—surrounded by the people, the language, the food, the way of life—creates inspirational moments that can't be listed in an itinerary. They can only be experienced.

And the experience begins long before you get your passport stamped and meet your **Tour Director** in your arrival city. It begins the moment you decide to go. Whether it's connecting with other travelers on Facebook, Twitter or Instagram, or delving deeper into your destinations with our online learning platform, **weShare**, the excitement will hit you long before you pack your suitcase.

When your group arrives abroad, everything is taken care of so you can relax and enjoy the experience. Your full-time Tour Director is with your group around the clock, handling local transportation, hotels and meals while also providing their own insight into the local history and culture. **Expert local guides** will lead your group on sightseeing tours, providing detailed views of history, art, architecture or anything you may have a question about.

When your journey is over and you're unpacking your suitcase at home, you'll realize the benefits of your life-changing experience do not end. They have just begun.

@EFtours I attribute my college semester abroad to the love for travel I discovered on an EF Tour in high school #traveltuesday

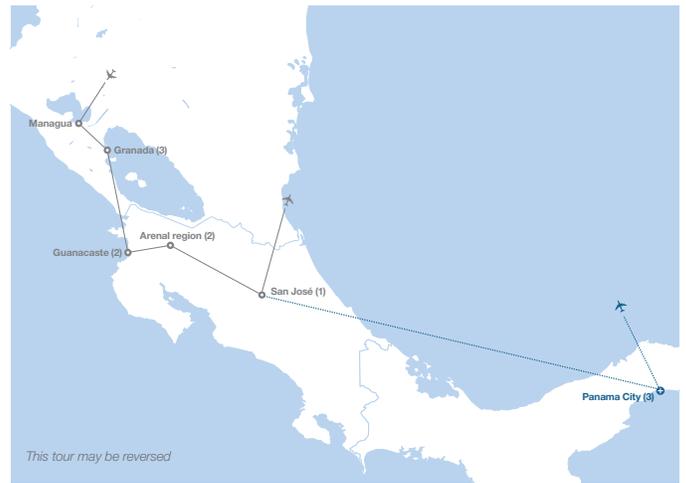
– MELISSA, TRAVELER



CHECK OUT WHAT A TOUR IS ALL ABOUT

Watch the videos at eftours.com/

Your teacher's Tour Website



Learn from your Tour Director and expert local guides



Via Instagram

What you'll experience on your tour

Day 1: Fly to Nicaragua

- Meet your Tour Director at the airport in Managua
- Transfer to Granada

Day 2: Granada

- Take a guided walking tour of Granada: Cathedral and Parque Colón; La Plazuela de los Leones; Calle la Calzada; Merced Church
- Visit the Convento de San Francisco
- Take a boat tour of Las Isletas

Day 3: Granada

- Travel to Volcan Masaya
- Visit the Crater viewpoint and museum
- Make a photo stop at Catarina Mirador
- Visit the Masaya city craft market

Day 4: Guanacaste

- Travel to Guanacaste, where you'll feel the sand between your toes as you become immersed in this natural wonderland. The emerald Pacific glimmers alongside miles of beaches—an ideal setting for divers, surfers and boaters. Take in the craggy bluffs cloaked in forests stretching tall above you and encounter local cattle ranchers driving oxen carts farther inland. Learn about Guanacaste's remarkable array of plant and animal life when you explore Rincón de la Vieja National Park. Located high in the mountains, this rain/cloud forest boasts numerous geothermal hot springs.

Day 5: Guanacaste

- Visit Rincón de la Vieja National Park
- Explore life under the sea on a snorkeling excursion

Day 6: Arenal region

- Continue to the Arenal region and get ready for an adventure to remember. Behold the perfect conical shape that emerges from the green hills of Alajuela: this is the fascinating Arenal Volcano. Overlooking the San Carlos plain and the Pacific lowlands, this mile-high volcano has been active for the past 7,000 years. Not only does the volcano serve as a watershed for the lake, but it also provides thermal energy for the nearby hot springs. Relax in these naturally heated pools; then, walk to the bottom of the spectacular La Fortuna Waterfall.
- Visit the hot springs
- Time to see more of Arenal or
 - 🔗 Enjoy a canopy tour

Day 7: Arenal region

- Take a kayaking trip on Lake Arenal
- Hike to La Fortuna Waterfall

Day 8: San Jose

- Visit Poás Volcano
- Travel to San Jose and enjoy a coffee tour. Here, you'll learn how Costa Rica's plantations produce some of the world's best beans. Explore the entire supply chain of the famous Costa Rican coffee bean, from the fields where it's grown to the cafes where it's brewed, and discover the essential role coffee plays in the country's agriculture and economy.
- Enjoy a free evening or
 - 🔗 Experience a folklore evening

Day 9: Depart for home

🔗 3-DAY TOUR EXTENSION

Day 9: Panama City

- Fly to Panama City
- Enjoy free time along the Amador Causeway

Day 10: Panama City

- Take a guided tour of Panama City: Old Panama; Indian art and crafts market; Casco Viejo
- Visit the Panama Viejo Ruins and Museum
- Visit the Miraflores Locks visitor center
- Visit the Biomuseo

Day 11: Panama City

- Visit Rio Chagres National Park
- Enjoy a canoe ride on the Rio Chagres
- Visit Emberá Indian Village. Immerse yourself in the culture and customs of the Emberá Indians during your visit to their small, indigenous village on the banks of Lake Alajuela deep in Chagres National Park. Discover the Emberá's traditional dances and music, as well as their knowledge of botanical plants. Chagres National Park, located just 30 minutes outside of Panama City, was established in 1985 to protect the Rio Chagres watershed, the primary source of water for the Panama Canal. Enjoy a canoe ride on the clear waters of the Rio Chagres, home to otters, caimans and crocodiles, as you make your way to the upper reaches of Lake Alajuela.

Day 12: Depart for home



I gotta say, this is my #favourite view from Costa Rica. #costarica #vacation #eftours #volcano #summer2013 #summer #hotel #tacotal #volcan #puravida

– DANIELA, TRAVELER



Via Instagram

Costa Rica was absolutely amazing! It truly was a great adventure. Our tour director was fantastic beyond words. She was so personable, and her knowledge of Costa Rica's history, culture, and flora and fauna was incredibly remarkable.

– KRISTEN, TRAVELER



Via Facebook

TOP THREE THINGS I WILL SEE, DO, TRY OR EXPLORE

1. _____
2. _____
3. _____

— The easiest ways to —
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EF Educational Tours
Two Education Circle
Cambridge, MA 02141

My daughter has gained such an amazing view of the world and history from this experience. She has not stopped talking since I picked her up at the airport. Thank you for all the organization, helpful hints, flexible payment plan and knowledgeable tour guides.

—CHARLOTTE, DAUGHTER TRAVELED JUNE 2014

“ Tour review

THE WORLD LEADER IN INTERNATIONAL EDUCATION

For 50 years EF has been working toward one global mission: Opening the World Through Education. Your teacher has partnered with EF because of our unmatched worldwide presence, our focus on affordability, and our commitment to providing experiences that teach critical thinking, problem solving, collaboration and global competence.

- **We always offer the lowest prices guaranteed** so more students can travel.
- **We're fully accredited, just like your school,** so you can earn credit while on tour.
- **All of our educational tours feature experiential learning activities** and visits to the best sites.
- **We're completely committed to your safety.** We have 500 schools and offices in over 50 countries around the world, so local EF staff members can react quickly and in person wherever you travel.
- **Your full-time Tour Director** is with your group every step of the way on tour, providing insight about your destinations as well as great local tips.

